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News Release

2012 – No. 1 TSX: DNA

Dalradian Files 43-101 Updated Resource Technical Report

TORONTO, ONTARIO - (Marketwire - January 13, 2012) - Dalradian Resources Inc. ("Dalradian" or the "Company") (TSX:DNA) announced today that a technical report on the previously announced National Instrument 43-101 ("NI 43-101")-compliant updated mineral resource estimate for the Curraghinalt gold deposit has been filed on SEDAR and is available on Dalradian's web site at <u>www.dalradian.com</u>. The technical report supports the more than 90% increase in the inferred category for the mineral resource estimate announced on November 30, 2011.

The technical report is entitled "An updated Mineral Resource Estimate for the Curraghinalt Gold Deposit, Tyrone Project, County Tyrone and County Londonderry, Northern Ireland", dated January 10, 2012 and effective November 30, 2011, and was prepared by Mr. B. Terrence Hennessey, P.GEO. and Mr. Dibya Kanti Mukhopadhyay, M.Sc., MAusIMM (CP) of Micon International Ltd.

Resource Category (Cut-off Grade of 5.0 g/t)	Mineral Resources (as at November 30, 2011)			
	Million Tonnes	Grade (g/t Au)	Contained Metal	
			Tonnes	M oz
Measured	0.02	21.51	0.44	0.01
Indicated	1.11	12.84	14.20	0.46
Measured + Indicated	1.13	13.00	14.65	0.47
Inferred	5.45	12.74	69.44	2.23

The technical information contained in this news release is based upon information prepared by Messrs. Hennessey and Mukhopadhyay of Micon International Ltd., who are each a Qualified Person as defined by NI 43-101. Messrs. Hennessey and Mukhopadhyay are independent of Dalradian as defined by NI 43-101.

Dalradian Resources Inc.: A Golden Opportunity in Northern Ireland

Dalradian is a Canadian-based exploration company engaged in the acquisition, exploration and development of mineral properties. The Company's wholly-owned subsidiary, Dalradian Gold Limited, holds a 100% interest, subject to certain royalties, in mineral prospecting licences in counties Tyrone and Londonderry, Northern Ireland. Dalradian has been working to increase its gold resources at its approximately 84,000-hectare Tyrone Project, which encompasses its flagship Curraghinalt mesothermal gold deposit. Curraghinalt hosts an NI 43-101 compliant measured mineral resource of 0.02 MT grading 21.51 g/t gold for 10,000 contained ounces, indicated mineral resource of 1.11 MT grading 12.84 g/t gold for 460,000 contained ounces and inferred mineral resource of 5.45 MT grading 12.74 g/t for 2,230,000 contained ounces. Dalradian's NI 43-101 report, "An updated Mineral Resource Estimate for the Curraghinalt Gold Deposit, Tyrone Project, County Tyrone and

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County Londonderry, Northern Ireland" is dated January 10, 2012 and effective November 30, 2011, prepared by Micon International Limited. Dalradian's common shares are listed on the Toronto Stock Exchange under the symbol "DNA". For further information, please see <u>www.dalradian.com</u>.

For more information, please contact:

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FORWARD-LOOKING INFORMATION

This news release contains "forward-looking information" which may include, but is not limited to, statements with respect to the estimation of mineral resources. Often, but not always, forward-looking statements can be identified by the use of words and phrases such as "plans," "expects," "is expected," "budget," "scheduled," "estimates," "forecasts," "intends," "anticipates," or "believes" or variations (including negative variations) of such words and phrases, or state that certain actions, events or results "may," "could," "would," "might" or "will" be taken, occur or be achieved.

Forward-looking statements are based on the opinions and estimates of management as of the date such statements are made and are based on various assumptions, such as the price of gold used for calculating the cut-off grade.

Forward-looking statements involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements of the Company to be materially different from any future results, performance or achievements expressed or implied by the forward-looking statements. Such factors include, among others, general business, economic, competitive, political and social uncertainties; the actual results of current exploration activities; actual results of reclamation activities; conclusions of economic evaluations; changes in project parameters as plans continue to be refined; future prices of metals; possible variations of ore grade or recovery rates; failure of plant, equipment or processes to operate as anticipated; accidents, labour disputes and other risks of the mining industry; political instability; delays in obtaining governmental approvals or financing or in the completion of development or construction activities, as well as those factors discussed in the section entitled "Risk Factors" in the Company's annual information form. Although the Company has attempted to identify important factors that could cause actual actions, events or results to differ materially from those described in forward-looking statements, there may be other factors that cause actions, events or results to differ from those anticipated, estimated or intended. Forward-looking statements contained herein are made as of the date of this news release and the Company disclaims any obligation to update any forward-looking statements, whether as a result of new information, future events or results, except as may be required by applicable securities laws. There can be no assurance that forward-looking statements will prove to be accurate, as actual results and future events could differ materially from those anticipated in such statements. Accordingly, readers should not place undue reliance on forward-looking statements.